

final announcement

# SARAWAK 2013 aosra-pm

12<sup>th</sup> Asian & Oceanic Society of  
Regional Anaesthesia & Pain Medicine Congress

Incorporating the Annual Scientific Meeting of the  
Malaysian Society of Anaesthesiologists (MSA)  
and the College of Anaesthesiologists &  
Golden Jubilee Celebrations of the MSA

“Exploring the World of  
Regional Anaesthesia  
& Pain Medicine”

19<sup>th</sup> to 22<sup>nd</sup> June 2013

Pullman Kuching  
Sarawak, Malaysia

[www.aosra2013.org](http://www.aosra2013.org)



Malaysian Association  
for the Study of Pain



Asian and Oceanic Society  
of Regional Anaesthesia



Malaysian Society  
of Anaesthesiologists



College of  
Anaesthesiologists



World Federation of Societies  
of Anaesthesiologists

endorsed by

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## Message from the Organising Chairperson



*On behalf of the Organising and Scientific Committees, it is with great delight and pleasure that I welcome you to the 12<sup>th</sup> Asian and Oceanic Society of Regional Anaesthesia and Pain Medicine Congress from the 19<sup>th</sup> to 22<sup>nd</sup> June 2013 in Kuching, Sarawak.*

*This event promises you an enlightening scientific programme whilst being enveloped by the mystic charm and various attractions that Sarawak has to offer.*

*The scientific programme will offer a comprehensive coverage of the current advances in Regional Anaesthesia as well as highlighting its importance in Paediatric and Obstetric Anaesthesia. Our internationally renowned faculty will deliver state-of-the-art lectures and conduct a variety of interactive symposia. The programme will be appropriate for both the doctors and allied health personnel and is approved for continuous medical education credit points.*

*Budding researchers now have an avenue to present their findings from the multitude of innovative studies that they may have conducted in the recent past and stand a chance to win some really attractive prize awards.*

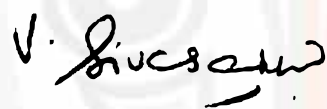
*The Organising Committee assures a variety of social events that will complement the diverse scientific programme. A grand gala night filled with fun and frolic besides other activities are being lined up for you. Befittingly, the Organising Committee has decided on the theme "Rendezvous in Gold" to celebrate the 50<sup>th</sup> Golden Anniversary of the Malaysian Society of Anaesthesiologists. Come and join us for this fun filled evening with a dash of gold and black, the colours for the event.*

*Kuching itself has a number of tourist attractions and you will be spoilt for choice. Please come prepared to thoroughly enjoy yourselves and we will ensure that you have a great time basking in the warm hospitality which will be offered by us.*

*I urge you to browse our website for updates and to mark your diary early to facilitate your participation at this momentous event.*

*I shall end by saying Selamat Datang to all our participants!*

*Thank you.*



**Datin Dr V Sivasakthi**

## Malaysian Society of Anaesthesiologists Executive Committee 2012 – 2013

<i>President</i>	<b>DATIN DR V SIVASAKTHI</b>
<i>Immediate Past President</i>	<b>ASSOC PROF DATIN DR NORSIDAH ABDUL MANAP</b>
<i>President-Elect</i>	<b>DR SUSHILA SIVASUBRAMANIAM</b>
<i>Chairman</i>	<b>PROF DR CHAN YOO KUEN</b>
<i>Hon Secretary</i>	<b>DR R RAVEENTHIRAN</b>
<i>Hon Treasurer</i>	<b>DATUK DR V KATHIRESAN</b>
<i>Committee Members</i>	<b>DATO' DR JAHIZAH HASSAN DR KOK MENG SUM DR MARIA LEE HOOI SEAN PROF DR MARZIDA MANSOR DATO' DR SUBRAHMANYAM BALAN</b>
<i>Co-opted members</i>	<b>PROF DATO' DR WANG CHEW YIN DR SHIREEN JAYAN</b>

## College of Anaesthesiologists, AMM Council 2012 – 2013

<i>President</i>	<b>ASSOC PROF DATIN DR NORSIDAH ABDUL MANAP</b>
<i>Vice President</i>	<b>DR TAN CHENG CHENG</b>
<i>Hon Secretary</i>	<b>ASSOC PROF DR RAHA ABDUL RAHMAN</b>
<i>Hon Treasurer</i>	<b>PROF DATO' DR WANG CHEW YIN</b>
<i>Council Members</i>	<b>DR LIM WEE LEONG DR MOHD ROHISHAM ZAINAL ABIDIN DR STRERAM SINNASAMY DR THOHIROH ABDUL RAZAK</b>
<i>Co-opted Council Members</i>	<b>DATIN DR V SIVASAKTHI PROF DR LIM THIAM AUN</b>

## Organising Committee

<i>Chairperson</i>	<b>DATIN DR V SIVASAKTHI</b>
<i>Co-Chairpersons</i>	<b>ASSOC PROF DATIN DR NORSIDAH ABDUL MANAP PROF DR RAMANI VIJAYAN SANNASI</b>
<i>Secretary</i>	<b>DR R RAVEENTHIRAN</b>
<i>Treasurer</i>	<b>DATUK DR V KATHIRESAN</b>
<i>Business Managers</i>	<b>DATO' DR SUBRAHMANYAN BALAN PROF DR CHOY YIN CHOY</b>
<i>Social</i>	<b>DR SUSHILA SIVASUBRAMANIAM DR SHIREEN JAYAN</b>
<i>Publications</i>	<b>DR KOK MENG SUM</b>
<i>Publicity</i>	<b>PROF DATO' DR WANG CHEW YIN</b>
<i>Audio-Visual</i>	<b>ASSOC PROF DR AZLINA ABBAS</b>

## Local Organising Committee

<i>Chairperson</i>	<b>DR NORZALINA ESA</b>
<i>Vice Chairperson</i>	<b>DR MAT ARIFFIN SAMAN</b>
<i>Secretary</i>	<b>DR TEO SHU CHING</b>
<i>Social Events</i>	<b>DR NORA HASIAH IDRIS DR FARAH RAZALI DR MUSTAFFA KAMIL ZAINAL ABIDIN DR LAI SIEN CHIAK DR SUHAIMI JAAFFAR</b>
<i>Pre-Congress Workshop</i>	<b>DR ATHENA TANG MEE YEE DR NORSILA ABD RAZAK DR ARUN ILANTHARAN</b>
<i>Audio-Visual</i>	<b>DR HANAFI SIDIK</b>

## Scientific Committee

<i>Chairperson</i>	<b>PROF DR MARZIDA MANSOR</b>
<i>Co-Chairperson</i>	<b>DR SHAHRIDAN FATHIL</b>
<i>Members</i>	<b>DR MARY SUMA CARDOSA PROF DR CHAN YOO KUEN DR JULINA SANTHI JOHAMI DR INA ISMIARTI SHARIFFUDDIN</b>

## Invited Faculty

### AUSTRALIA

David Baines  
Steven Fowler  
David Hillman  
Michael Paech  
Stephan Schug

### CANADA

Frances Chung  
Sugantha Ganapathy

### GERMANY

F Pühringer

### HONG KONG

Matthew Chan  
Michael Irwin  
Manoj Karmakar  
Carina C F Li

### INDIA

Hari Hara Dash

### INDONESIA

Susilo Chandra

### JAPAN

Shiroh Isono

### KOREA

Dong Eon Moon

### PHILIPPINES

Maria Minerva P Calimag  
Penafrancia Cano  
Grace Herbosa  
Jocelyn Que

### SINGAPORE

Lee Tat Leang  
Shahani Jagdish Menghraj  
Christopher J Pearce  
Edwin Seet  
Wendy Teoh  
Alex Yeo

### THAILAND

Somrat Charuluxananan  
Petchara Sundarathiti  
Thara Tritrakarn

### UK

Andrew Moore

### USA

Norman Bolden  
Laura Clark  
Barry Elliott Cole  
Srinivasa N Raja

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### Malaysia

Adi Osman  
Afifi Arshad  
Amiruddin Nik Mohamed Kamil  
Anwar Samhari  
Azrin Mohd Azidin  
Kavita Bhojwani  
Mary Suma Cardosa  
Chan Yoo-Kuen  
Fauziah Mohd Yusof  
Julina Santhi Johami  
Julina Md Noor  
Lim Teng Cheow  
Lim Thiam-Aun  
Lim Wee-Leong  
Ling Kwong-Ung  
Mafeitzeral Mamat  
Mahathar Wahab  
Marzida Mansor

Muhammad Maaya  
Muralitharan Perumal  
Ng Kim Swan  
Ramani Vijayan  
Rhendra Hardy Mohamad Zaini  
Shahnaz Hassan  
Shahridan Fathil  
Shaik Farid Abdull Wahab  
Sharifah Suraya Syed Mohd Tahir  
Suhaini Kadiman  
Vanitha Sivanaser  
Sushila Sivasubramaniam  
Vinodh Suppiah  
Wan Azzlan Wan Ismail  
Wang Chew-Yin  
Yap Yoke-Yew  
Zubaidah Jamil Osman



## Programme Summary

PRE-CONGRESS WORKSHOPS													
19 <sup>TH</sup> JUNE 2013, WEDNESDAY [0800 - 1700]													
VENUE <b>PULLMAN KUCHING</b>					1. Obstructive Sleep Apnea & Anaesthesia								
					2. Airway								
					3. Ultrasound Guided Pain Blocks								
					4. Basic Transthoracic Echocardiography								
VENUE <b>SARAWAK GENERAL HOSPITAL</b>					5. Ultrasound Guided Regional Anaesthesia								
					6. TIVA/TCI								
TIME	DATE	20 <sup>TH</sup> JUNE 2013 THURSDAY				21 <sup>ST</sup> JUNE 2013 FRIDAY				22 <sup>ND</sup> JUNE 2013 SATURDAY			
0730 – 0800	REGISTRATION												
0800 – 0900	<b>LIM SAY WAN ORATION</b>				PLENARY 2				PLENARY 4				
0900 – 1000					PLENARY 3				PLENARY 5				
	Coffee/Tea				Coffee/Tea				Coffee/Tea				
1000 – 1100	SYMPOSIA			Workshop	SYMPOSIA		Workshops		SYMPOSIA		Workshops		
	1	2	3		1	9	10	3	4	16	17	8	9
1100 – 1200	Lunch Satellite Symposium 1			Lunch Satellite Symposium 2			Lunch Satellite Symposium 3		Lunch Satellite Symposium 4		SYMPOSIA		
1200 – 1300	SYMPOSIA			MSA-AZ YIA Award	MSA Award	Friday Prayers				18	19	20	
1300 – 1400	4	5									Lunch		
1400 – 1500	SYMPOSIA			Workshop	SYMPOSIA		Workshops						
	6	7	8		2	11	12	5					
1500 – 1600	Coffee/Tea				OFFICIAL POSTER ROUNDS	SYMPOSIA							
1600 – 1700	<b>AOSRA Board Meeting</b>					13	14	15	7				
1700 – 1800						Coffee/Tea							
1930 – 2200	<b>Faculty Dinner</b> <i>(by invitation only)</i>					<b>AOSRA-PM Gala Night &amp; MSA Golden Jubilee Celebrations</b>							

# Pre-Congress Workshops

## 19<sup>th</sup> JUNE 2013, WEDNESDAY [0800 – 1700]

Venue:  
**Pullman  
Kuching**

### PRE-CONGRESS WORKSHOP 1 | *Obstructive Sleep Apnea and Anaesthesia*

#### WELCOME

We are delighted to invite you to our pre-congress workshop organised by the Special Interest Groups of Asia Society in Anesthesia and Sleep Medicine (ASASM) and the College of Anaesthesiologists, Academy of Medicine of Malaysia together with the Society of Anesthesia and Sleep Medicine (SASM). The goal of this meeting is to learn the latest developments of obstructive sleep apnea and other sleep disorders, and how to improve the perioperative care of patients with obstructive sleep apnea. The meeting will feature an outstanding panel of speakers from all over the world.

You are guaranteed a conference with high educational value. Please come and join us!

#### LEARNING OBJECTIVES:

After participating in this educational activity, the participants will be able to:

1. Understand the pathogenesis of upper airway obstruction in Obstructive Sleep Apnea
2. Appreciate the impact of Obstructive Sleep Apnea on health and economics
3. Understand the perioperative complications in Obstructive Sleep Apnea patients
4. Able to assess, screen and manage patients during the perioperative period

#### WORKSHOP CO-DIRECTORS

**Professor Dato' Dr Wang Chew Yin, MBChB**

*Convenor, SIG in Anesthesia and Sleep Medicine*

*College of Anaesthesiologists, AMM*

**Professor Frances Chung, MBBS**

*President-Elect*

*Society of Anesthesia and Sleep Medicine*

0745 – 0840	Registration
0840 – 0845	Introduction <b>Wang Chew-Yin, MBChB (Malaysia)</b>
	<b>Moderator: Frances Chung, MBBS</b>
0845 – 0930	Keynote: The Health and Economic Impacts of Obstructive Sleep Apnea <b>David Hillman, MBBS (Australia)</b>
0930 – 1000	Pathophysiology of Upper Airway Obstruction in Patients with Obstructive Sleep Apnea <b>Shiroh Isono, MD (USA)</b>
1000 – 1015	Q & A Session
1015 – 1045	Refreshment Break
	<b>Moderator: Wang Chew-Yin, MBChB</b>
1045 – 1115	Surgery and the Upper Airway <b>Yap Yoke-Yew, MBBS (Malaysia)</b>
1115 – 1145	Anaesthesia: Managing the Risks in Patients with Obstructive Sleep Apnea <b>Norman Bolden, MD (USA)</b>
1145 – 1215	Paediatric Obstructive Sleep Apnea and Anaesthesia <b>(Speaker to be confirmed)</b>
1215 – 1230	Q & A Session
1230 – 1330	Lunch Buffet
	<b>Moderator: Norman Bolden, MD</b>
1330 – 1400	Consequences of Unrecognised Obstructive Sleep Apnea <b>Matthew Chan, MBBS (Hong Kong)</b>
1400 – 1430	Screening Patients for Obstructive Sleep Apnea: Experience from Preoperative Evaluation <b>Frances Chung, MBBS (Canada)</b>
1430 – 1445	Q & A Session
1445 – 1515	Refreshment
	<b>Facilitator: David Hillman, MD</b>
1515 – 1700	Hands-on Workshop (Limited to 20 participants) This is an introductory hands-on session with Continuous Positive Airway Pressure (CPAP) and non-invasive ventilation equipments.

# Pre-Congress Workshops

## 19<sup>th</sup> JUNE 2013, WEDNESDAY [0800 – 1700] *[continued]*

<b>Venue:</b> <b>Pullman</b> <b>Kuching</b>	<b>PRE-CONGRESS WORKSHOP 2   <i>Airway</i></b>  <b>Facilitators: Wendy Teoh, Muhammad Maaya</b> <b>Participants: 25</b>
<b>Venue:</b> <b>Pullman</b> <b>Kuching</b>	<b>PRE-CONGRESS WORKSHOP 3   <i>Ultrasound Guided Pain Blocks</i></b>  <b>Facilitators: Carina C F Li, Dong Eon Moon, Anwar Samhari</b> <b>Participants: 25</b>
<b>Venue:</b> <b>Pullman</b> <b>Kuching</b>	<b>PRE-CONGRESS WORKSHOP 4   <i>Basic Transthoracic Echocardiography</i></b>  <b>Facilitators: Adi Osman, Mahathar Wahab, Julina Md Noor, Affi Arshad, Shaik Farid Abdull Wahab</b> <b>Participants: 25</b>  <u><b>INTRODUCTION</b></u> <p>This compact one-day basic echocardiography workshop is designed for healthcare providers who manage patients in the critical care setting. It is structured with lectures, interactive case studies and hands-on stations.</p> <p>The workshop is conducted by certified World Interactive Network Focused on Critical Ultrasound (WINFOCUS) trainers.</p> <u><b>OBJECTIVES</b></u> <p>To educate healthcare professionals on how to perform and interpret basic echocardiography examinations in the critical care setting.</p> <ol style="list-style-type: none"> <li>1. Discuss the basic fundamentals of ultrasound physics/instrumentation and recognise image artifacts.</li> <li>2. Introduction to basic echocardiography view</li> <li>3. Integrate the use of basic echocardiography in the critical care setting</li> </ol> <div style="display: flex; justify-content: space-between;"> <div style="width: 20%;"> 0900 – 0915 0915 – 0945 0945 – 1015 1015 – 1045 1045 – 1110 1110 – 1140 1140 – 1210 1210 – 1240 1240 – 1400 1400 – 1630   1630 </div> <div style="width: 80%;"> Registration  Welcome Address <b>Adi Osman / Shahridan Fathil</b>  Physics of Ultrasonography  Basic Echocardiography View  Shock  Tea  Fluid Status and Responsiveness  Echodynamics  Resuscitation  Lunch  <b>PRACTICAL STATIONS</b>  Station 1: Parasternal Long Axis View (PLAX)  Station 2: Short Axis View (SAX)  Station 3: Apical 4 Chamber View (A4C)  Station 4: Subcostal View  Tea &amp; Closing Remarks </div> </div>



# Pre-Congress Workshops

## 19<sup>th</sup> JUNE 2013, WEDNESDAY [0800 – 1700] *[continued]*

Venue: <b>Sarawak General Hospital</b>	<b>PRE-CONGRESS WORKSHOP 5   <i>Ultrasound Guided Regional Anaesthesia</i></b>  <b>Facilitators :</b> Azrin Mohd Azidin, Julina Santhi Johami, Amiruddin Nik Mohamed Kamil, Mafeitzeral Mamat, Lim Teng Cheow, Shahnaz Hassan  Participants: 25  <b><i>Organised by the Malaysian Special Interest Group In Regional Anaesthesia (MSIGRA)</i></b>  This comprehensive one-day Ultrasound Guided Regional Anaesthesia workshop will cater for regional anaesthesia enthusiasts offering updates and developments in this ever-evolving field. It is designed for practitioners of basic to intermediate expertise that incorporate, or wish to incorporate the use of real-time ultrasound imaging in their practice.  This workshop will provide its participants with the relevant and necessary information to increase knowledge and improve block performance. It will also highlight the principles of ultrasound towards the safe practice of regional anaesthesia.  The workshop will include a series of short lectures including practical sonoanatomy and block performance of the upper and lower limbs, trunk and central neuraxial areas plus risk reduction in regional anaesthesia. There will be a hands-on session and live demonstrations following the lectures. Participants will have the opportunity to scan live models/volunteers and phantom models.  We look forward to meeting all the participants and having a great and thoroughly enjoyable experience!
Venue: <b>Sarawak General Hospital</b>	<b>PRE-CONGRESS WORKSHOP 6   <i>TIVA/TCI</i></b>  <b>Facilitators :</b> Michael Irwin, Lim Thiam-Aun <b>Coordinator:</b> Marzida Mansor  Participants: 25  <b><i>In collaboration with: Abbvie Sdn Bhd &amp; Fresenius Kabi</i></b>  Total Intravenous Anaesthesia (TIVA) is regaining its popularity once again due to development of newer drugs, better understanding of the pharmacology of current drugs & development of better drug delivery systems. With the increasing demands of complex surgeries & complicated patients, TIVA provides an alternative technique for anaesthetists faced with these difficult situations.  This one-day workshop aims to provide an opportunity for participants to discover new technology and safer techniques in anaesthesia, and to empower participants who would like to develop an interest in TIVA. The workshop will be led by anaesthetists experienced in the field of intravenous anaesthesia, who will introduce participants to pharmacology of newer TIVA drugs and conduct a live case demonstration showing the application of TIVA in anaesthesia. Participants will be provided with hands-on experience on the available drug delivery systems [Target Controlled Infusion (TCI) pumps] with the TIVA expert. Case discussion & forums will be held at the end of the workshop for participants to understand the wide-ranging applications of TIVA in anaesthetic practice.

# Scientific Programme | 20<sup>th</sup> June 2013, Thursday

0730 – 0800	REGISTRATION			
0800 – 0900	<b>PLENARY 1</b> <i>The Inaugural Lim Say Wan Oration</i> The Development of Regional Anaesthesia and Pain Management in Asia-Pacific <b>Ramani Vijayan</b>			COLOSSEUM I
0900 – 0945	<b>OPENING CEREMONY</b>			COLOSSEUM I
0945 – 1030	Coffee/Tea			
1030 – 1200	<b>COLOSSEUM I</b> <b>SYMPOSIUM 1</b> <i>Training and Credentialing</i> <b>S1-1</b> Training and Credentialing in Regional Anaesthesia <b>Sugantha Ganapathy</b> <b>S1-2</b> Improving the Training Programmes in Anaesthesiology <b>Maria Minerva P Calimag</b> <b>S1-3</b> Training in Pain Medicine <b>Kavita Bhojwani</b>	<b>COLOSSEUM II</b> <b>SYMPOSIUM 2</b> <i>Psychological and Non-Pharmacological Approaches in Pain Management</i> <b>S2-1</b> Assessing the Role of Psychological Factors in Chronic Pain Patients <b>Zubaidah Jamil</b> <b>S2-2</b> Early Return to Work After Injury <b>Barry Elliott Cole</b> <b>S2-3</b> Evidence-Based: Acupuncture in Pain Management <b>Lee Tat-Leang</b>	<b>NU ER HONG</b> <b>SYMPOSIUM 3</b> <i>Updates in Obstetric Anaesthesia</i> <b>S3-1</b> Antithrombotics and Regional Anaesthesia <b>Chan Yoo-Kuen</b> <b>S3-2</b> Ultrasound Guided Blocks for the Obstetric Anaesthetist <b>Wendy Teoh</b> <b>S3-3</b> Issues with Low Dose Spinal Anaesthesia for Caesarean Section <b>Susilo Chandra</b>	<b>MACHU PICCHU</b> <b>WORKSHOP 1</b> <i>Ultrasound Guided Upper Limb Blocks</i> <b>FACILITATORS</b> <b>Petchara Sundarathiti</b> <b>Mafeitzeral Mamat</b> <b>Lim Teng Cheow</b> <b>Shahridan Fathil</b> <b>COORDINATOR</b> <b>Julina Santhi Johami</b>
1200 – 1300	<b>COLOSSEUM I</b> Lunch Satellite Symposium 1 [Pfizer (Malaysia) Sdn Bhd]		<b>COLOSSEUM II</b> Lunch Satellite Symposium 2 [Fresenius Kabi Malaysia Sdn Bhd]	

# Scientific Programme | 20<sup>th</sup> June 2013, Thursday *[continued]*

1300 – 1430	COLOSSEUM I	COLOSSEUM II	NU ER HONG	MACHU PICCHU
	<b>SYMPOSIUM 4</b> <i>Basic Science: Review and Clinical Application</i>	<b>SYMPOSIUM 5</b> <i>Pain Management in Specific Conditions</i>	<b>MSA-AZ YIA AWARD</b>	<b>MSA AWARD</b>
	<b>S4-1</b> Progression of Acute to Chronic Pain: Causes and Prevention <i>Stephan Schug</i>	<b>S5-1</b> Regional Anaesthesia from the Surgeon's Perspective <i>Christopher J Pearce</i>	Free Papers	Free Papers
	<b>S4-2</b> Pharmacology of Adjuvants in Pain Management <i>Wan Azzlan Wan Ismail</i>	<b>S5-2</b> Alternative Regional Anaesthesia in Abdominal Surgery <i>Sugantha Ganapathy</i>		
	<b>S4-3</b> Immunomodulators in Pain and Sepsis <i>Marzida Mansor</i>	<b>S5-3</b> The Use of Regional Techniques in Uncommon Conditions <i>Ling Kwong-Ung</i>		
1430 – 1600	COLOSSEUM I	COLOSSEUM II	NU ER HONG	MACHU PICCHU
	<b>SYMPOSIUM 6</b> <i>Sedation</i>	<b>SYMPOSIUM 7</b> <i>Pharmacology</i>	<b>SYMPOSIUM 8</b> <i>Orthopaedic Anaesthesia</i>	<b>WORKSHOP 2</b> <i>Airway (Video Laryngoscope Intubation)</i>
	<b>S6-1</b> Ensuring Optimum Sedation during Regional Anaesthesia and Pain Intervention <i>Michael Irwin</i>	<b>S7-1</b> Additives in Peripheral Nerve Blocks <i>Shahridan Fathil</i>	<b>S8-1</b> Continuous Peripheral Nerve Blocks <i>Laura Clark</i>	<b>FACILITATORS</b> <i>Wendy Teoh</i> <i>Muhammad Maaya</i> <i>Rhendra Hardy Mohamad Zaini</i> <i>Vinodh Suppiah</i>
	<b>S6-2</b> Complications of Sedation <i>Chan Yoo-Kuen</i>	<b>S7-2</b> Transdermal Pain Medications <i>Barry Elliott Cole</i>	<b>S8-2</b> Upper Limb Blocks : Tips for Success <i>Penafrancia Cano</i>	<b>COORDINATOR</b> <i>Ina Ismiarti Shariffuddin</i>
	<b>S6-3</b> Anaesthetic Depth Monitoring during Sedation <i>Thara Tritrakarn</i>	<b>S7-3</b> Opioids: What's New? <i>Alex Yeo</i>	<b>S8-3</b> The Ideal Analgesia for Major Knee Surgery <i>Steven Fowler</i>	
1600 – 1630	Coffee/ Tea			
1630 – 1800	<b>AOSRA BOARD MEETING</b>			
1930 – 2200	<b>FACULTY DINNER</b> <i>(by invitation only)</i>			



# Scientific Programme | 21<sup>st</sup> June 2013, Friday

0730 – 0800	REGISTRATION			
0800 – 0845	<b>PLENARY 2</b> Regional Anaesthesia: Expanding The Horizons <i>Manoj Karmakar</i>			COLOSSEUM I
0845 – 0930	<b>PLENARY 3</b> Opioids and Chronic Pain: The Pendulum Keeps Swinging <i>Srinivasa N Raja</i>			COLOSSEUM I
0930 – 1000	Coffee/Tea			
1000 – 1130	<b>COLOSSEUM I</b> <b>SYMPOSIUM 9</b> <i>Management of Chronic Pain: Cancer &amp; Non-Cancer Pain</i>	<b>COLOSSEUM II</b> <b>SYMPOSIUM 10</b> <i>Anaesthesia for the High-Risk Patient</i>	<b>NU ER HONG</b> <b>WORKSHOP 3</b> <i>Evidence-Based Medicine</i>	<b>MACHU PICCHU</b> <b>WORKSHOP 4</b> <i>Effective Presentation Skills</i>
	<b>S9-1</b> Postherpetic Neuralgia: One Disease But Many Faces <i>Srinivasa N Raja</i>	<b>S10-1</b> Management of a Super-Morbidly Obese Parturient Requiring Caesarean Section <i>Michael Paech</i>	<b>FACILITATOR</b> <i>Andrew Moore</i>	<b>FACILITATORS</b> <i>Chan Yoo-Kuen</i> <i>Edwin Seet</i>
	<b>S9-2</b> Multimodal Holistic Cancer Pain Management <i>Carina C F Li</i>	<b>S10-2</b> Anaesthesia for the Hypertensive Parturient <i>Grace Herbosa</i>		
	<b>S9-3</b> Cancer Pain Guidelines <i>Alex Yeo</i>	<b>S10-3</b> Anaesthesia for the Liver-Impaired Patient <i>Sushila Sivasubramaniam</i>		
1130 – 1215	<b>COLOSSEUM I</b> Lunch Satellite Symposium 3 <i>[Mundipharma Pharmaceuticals Sdn Bhd]</i>		<b>COLOSSEUM II</b> Lunch Satellite Symposium 4	
1215 – 1400	Friday Prayers			

# Scientific Programme | 21<sup>st</sup> June 2013, Friday [continued]

1400 – 1530	COLOSSEUM I		COLOSSEUM II	NU ER HONG	MACHU PICCHU	
	SYMPOSIUM 11 <i>Airway Management</i>		SYMPOSIUM 12 <i>Interventional Pain Medicine</i>	WORKSHOP 5 <i>Lung Ultrasound</i>	WORKSHOP 6 <i>Ultrasound Guided Lower Limb Blocks</i>	
	S11-1 Video Laryngoscopy: The Evidence <i>Wendy Teoh</i>		S12-1 Intervention in Myofascial Pain Syndromes <i>Carina C F Li</i>	FACILITATORS <i>Adi Osman</i> <i>Julina Md Noor</i> <i>Mahathar Wahab</i>	FACILITATORS <i>Penafracia Cano</i> <i>Amiruddin Nik Mohamed Kamil</i> <i>Azrin Mohd Azidin</i> <i>Lim Teng Cheow</i>	
	S11-2 Supraglottic Airways <i>Edwin Seet</i>		S12-2 Epidural Adhesiolysis and Epiduroscopic Laser Discectomy for the Treatment of Chronic Low Back Pain <i>Dong Eon Moon</i>			
	S11-3 Ultrasound of the Airway <i>Manoj Karmakar</i>		S12-3 Interventional Management of Trigeminal Neuralgia <i>Hari Hara Dash</i>			
1530 – 1700	OFFICIAL POSTER ROUNDS	COLOSSEUM I		COLOSSEUM II	NU ER HONG	MACHU PICCHU
		SYMPOSIUM 13 <i>President's Forum</i>		SYMPOSIUM 14 <i>Day Surgery</i>	SYMPOSIUM 15 <i>Anaesthesia for Neurosurgery</i>	WORKSHOP 7 <i>Transthoracic Echocardiography</i>
		S13-1 President's Forum		S14-1 Regional Anaesthesia in Day Surgery <i>Laura Clark</i>	S15-1 Anaesthesia and the Aging Brain <i>Lim Wee-Leong</i>	FACILITATORS <i>Afifi Arshad</i> <i>Shaik Farid Abdull Wahab</i> <i>Julina Md Noor</i>
				S14-2 Desflurane in Day Surgery <i>F Pühringer</i>	S15-2 Perioperative Complications during Intracranial Neuroendoscopic Procedures <i>Hari Hara Dash</i>	
				S14-3 From Routine Practice to Research: Experience of an Anaesthesiologist <i>Somrat Charuluxananan</i>	S15-3 Pain Management in Neurosurgical Patients <i>Vanitha Sivanaser</i>	
1700 – 1730	Coffee/Tea					
1930 – 2200	AOSRA-PM GALA NIGHT & MSA GOLDEN JUBILEE CELEBRATIONS					

# Scientific Programme | 22<sup>nd</sup> JUNE 2013, SATURDAY

0730 – 0800	REGISTRATION			
0800 – 0845	<b>PLENARY 4</b> Evidence-Based Pain Management <i>Andrew Moore</i>			COLOSSEUM I
0845 – 0930	<b>PLENARY 5</b> Obstetric Anaesthesia and Analgesia: What's New? <i>Michael Paech</i>			COLOSSEUM I
0930 – 1000	Coffee/Tea			
1000 – 1130	COLOSSEUM I	COLOSSEUM II	NU ER HONG	MACHU PICCHU
	<b>SYMPOSIUM 16</b> <i>Safety and Quality in Anaesthesia</i>	<b>SYMPOSIUM 17</b> <i>Paediatric Anaesthesia</i>	<b>WORKSHOP 8</b> <i>Ultrasound Guided Trunk Blocks</i>	<b>WORKSHOP 9</b> <i>Ultrasound Guided Pain Blocks</i>
	<b>S16-1</b> VISION Study: Importance of Monitoring Troponins after Noncardiac Surgery <i>Wang Chew-Vin</i>	<b>S17-1</b> Ventilatory Strategies in Children <i>Shahani J Menghraj</i>	<b>FACILITATORS</b> <i>Petchara Sundarathiti</i> <i>Julina Santhi Johami</i> <i>Azrin Mohd Azidin</i>	<b>FACILITATORS</b> <i>Dong Eon Moon</i> <i>Anwar Samhari</i> <i>Ng Kim Swan</i>
	<b>S16-2</b> Safety in Regional Anaesthesia <i>Steven Fowler</i>	<b>S17-2</b> Ultrasound Guided Central Neuraxial Blocks in Neonates and Young Infants <i>Manoj Karmakar</i>		
	<b>S16-3</b> Reducing Complications of Central Lines <i>David Baines</i>	<b>S17-3</b> Pain Management in the Critically Ill Paediatric Patient <i>Jocelyn Que</i>		



# Scientific Programme | 22<sup>nd</sup> JUNE 2013, SATURDAY [continued]

	NU ER HONG	COLOSSEUM II	COLOSSEUM I
1130 – 1300	<b>SYMPOSIUM 18</b> <i>Outcomes in Pain Conditions</i>	<b>SYMPOSIUM 19</b> <i>Cardiothoracic Anaesthesia</i>	<b>SYMPOSIUM 20</b> <i>Debate: TIVA is Better than Volatile Anaesthesia</i>
	<b>S18-1</b> The Outcomes of Cognitive Behavioural Therapy in Malaysian Patients <i>Mary Suma Cardosa</i>	<b>S19-1</b> Anaesthesia for the Child with Congenital Heart Disease <i>David Baines</i>	<u><b>AFFIRMATIVE TEAM</b></u> <i>Michael Irwin</i> <i>Lim Thiam-Aun</i>  <u><b>NEGATIVE TEAM</b></u> <i>F Pühringer</i> <i>Fauziah Mohd Yusof</i>
	<b>S18-2</b> Evidence for Intervention in Chronic Pain <i>Muralitharan Perumal</i>	<b>S19-2</b> Perioperative Echocardiography <i>Suhaini Kadiman</i>	
	<b>S18-3</b> Outcomes of Poorly Treated Chronic Pain <i>Andrew Moore</i>	<b>S19-3</b> Perioperative Management of Cardiac Surgical Patients <i>Sharifah Suraya Syed Mohd Tahir</i>	
1300 – 1400	Lunch		

## Social Programme

### **AOSRA-PM GALA NIGHT & MSA GOLDEN JUBILEE CELEBRATIONS**

**21<sup>st</sup> June 2013, Friday | 1930 – 2200**

Theme	:	Rendezvous In Gold
Venue	:	Pullman Kuching
Dress Colour Code	:	Gold & Black
Dress Code	:	Smart casual
Special Event	:	Book Launch: History of Anaesthesia in Malaysia

#### **Programme**

1900 – 1930	Arrival of Guests/ Delegates
1930 – 1950	Welcome Performance
1950 – 2020	Dinner Commences
2020 – 2040	Presentation of Awards: MSA-AZ Young Investigator Award MSA Award Best Poster Awards  Book Launch : “History of Anaesthesia in Malaysia” 50 <sup>th</sup> MSA Golden Anniversary Celebrations Best Dressed Awards
2040 – 2120	Cultural Performance
2120 onwards	Dance the Night Away

# Conference Information

## AOSRA 2013 SECRETARIAT

G-1, Medical Academies of Malaysia  
210, Jalan Tun Razak, 50400 Kuala Lumpur, Malaysia  
Tel : (603) 4023 4700, 4025 4700  
Fax : (603) 4023 8100  
Email : [secretariat@aosra2013.org](mailto:secretariat@aosra2013.org)

Please log on to our website **[www.aosra2013.org](http://www.aosra2013.org)** for online registration and submission of abstracts.

## VENUE

### Pullman Kuching

1A Jalan Mathies, Sarawak  
93100 Kuching, Malaysia  
Tel : (6082) 222 888  
Fax : (6082) 222 999  
Website : <http://www.pullmankuching.com>

## TOURS AND ACCOMMODATION

### Cat City Holidays Sdn Bhd

1st Floor, Suite 59.1, Kueh Hock Kui Commercial Centre  
Jalan Tun Ahmad Zaidi Adruce, 93150 Kuching, Sarawak, Malaysia  
Attention : Julianna Sim  
Tel : (6082) 414 200, 412 500  
Fax : (6082) 414 210, 413 500  
Email : [mok@catcityholidays.com](mailto:mok@catcityholidays.com)  
[julianna@catcityholidays.com](mailto:julianna@catcityholidays.com)  
msn : [catcityholidays-mice@hotmail.com](mailto:catcityholidays-mice@hotmail.com)  
Website : <http://www.catcityholidays.com/aosra-pm>

## REGISTRATION FEES

Category	On or Before 31 <sup>st</sup> March 2013	1 <sup>st</sup> April 2013 to 10 <sup>th</sup> June 2013	On-Site
Delegate	USD 450	USD 500	USD 600
Resident / Trainee / Allied Health Professional	USD 350	USD 400	USD 500
<b>PRE-CONGRESS WORKSHOPS</b> ( <i>Venue : Pullman Kuching</i> )			
1. Obstructive Sleep Apnea & Anaesthesia*	USD 120	USD 140	USD 160
2. Airway	USD 200	USD 250	USD 300
3. Ultrasound Guided Pain Blocks	USD 200	USD 250	USD 300
4. Basic Transthoracic Echocardiography	USD 200	USD 250	USD 300
<b>PRE-CONGRESS WORKSHOPS</b> ( <i>Venue : Sarawak General Hospital</i> )			
5. Ultrasound Guided Regional Anaesthesia	USD 200	USD 250	USD 300
6. TIVA/TCI	USD 200	USD 250	USD 300

**\*Please note that with the exception of the Obstructive Sleep Apnea & Anaesthesia Workshop, you will need to be registered for the main conference in order to join the other workshops.**



## Conference Information *[continued]*

### **PAYMENT**

All payments are to be issued in favour of “**AOSRA-PM 2013**”.

Payments can also be made via telegraphic transfer to:

Account Name	: AOSRA-PM 2013
Name and Address of Bank	: CIMB Bank, Jalan Raja Laut Kuala Lumpur, Malaysia
Account Number	: 1408-1209217-05-4
Swift Code	: CIBBMYKL

*Please return the bank remittance note along with the registration form either by fax or email. Document image by email is also acceptable.*

### **CANCELLATION AND REFUND POLICY**

The Conference Secretariat must be notified in writing of all cancellations. Refund will be made after the Conference. The refund policy is as follows:

Cancellation on or before	15 <sup>th</sup> May 2013	: 50% refund
Cancellation after	15 <sup>th</sup> May 2013	: No refund

### **CERTIFICATE OF ATTENDANCE**

A certificate of attendance will be issued to all delegates.

### **LIABILITY**

The Organising Committee will not be liable for personal accidents, loss or damage to private properties of participants during the conference. Participants should make own arrangements with respect to personal insurance.

### **DISCLAIMER**

Whilst every attempt will be made to ensure that all aspects of the Conference as mentioned in this publication will take place as scheduled, the Organising Committee reserves the right to make changes should the need arises.

## Abstracts

Free communications will be presented in one of the following formats:

- a. Oral (*for MSA-AZ Young Investigator Award and MSA Award*)
- b. Poster (*for all other scientific communications*)

### **INSTRUCTIONS TO AUTHORS REGARDING ABSTRACT SUBMISSIONS**

Please follow all instructions for formatting and submission.

Abstracts are restricted to 250 words. Please stipulate a preference for oral or poster presentation but the final decision about presentation format will be made by the Scientific Committee.

The deadline for abstract submission is **31<sup>st</sup> March 2013**. Receipt of your abstract will be acknowledged.

Please indicate if you wish to be considered for the MSA Award or MSA-Astra Zeneca Young Investigator Award. Please note that an abstract can be submitted for one prize session only. Abstracts submitted for the Young Investigator Award or MSA Award which are not selected will be considered for poster presentations.

All presenting authors must register for the Conference. All accepted abstracts will be published in the ASEAN Journal of Anaesthesiology (AJA). To ensure publication in the ASEAN Journal of Anaesthesiology (AJA), the abstract should be received no later than **31<sup>st</sup> March 2013**.

## Special Awards

### **MSA-AZ YOUNG INVESTIGATOR AWARD**

The Malaysian Society of Anaesthesiologists and AstraZeneca Sdn Bhd are proud to announce the Young Investigator Award for original work in the fields of Anaesthesiology, Intensive Care and Pain Medicine. The award is given in recognition of outstanding original work and consists of an honorarium of RM 3,000 and a certificate of merit. This competition is open to Malaysians below the age of 40 as of 1<sup>st</sup> January 2013.

### **MSA AWARD**

The Malaysian Society of Anaesthesiologists initiated the MSA Award to encourage medical investigators to participate in the proceedings of the Annual Scientific Meeting. The MSA recognises the importance of research in the advancement of the discipline and supports efforts to develop this activity. This award is given to the researcher who has shown great achievement in research and consists of an honorarium of RM 3,000 and a certificate of merit. This competition is open to all registered delegates. There is no age limit.

### **BEST POSTER AWARD**

Submission of abstracts for the Best Poster Award is open to all registered delegates.

- 1st Prize : RM 1,000  
2nd Prize : RM 750  
3rd Prize : RM 500

## Abstract Submission Details

- Only abstracts submitted in English will be reviewed.
- Abstracts should be original work, not previously presented at an international meeting.
- Abstracts should not exceed 250 words in length and must be submitted using the abstract template. Full instructions can be found on the online abstract submission page.
- Abstracts should have a short, descriptive title with no abbreviations.
- Abstracts may contain tables, pictures, diagrams and symbols.
- All abbreviations must be spelled out on first use.
- Abstracts should be thoroughly checked for spelling and grammar.
- Abstracts should contain the following headings: Background, Method, Results, Conclusion.
- Abstracts should be saved in Word document format with unique filenames, preferably with author's name, to ensure easy identification.
- The Organising Committee shall appoint the panel of judges. The decision made by the panel of judges shall be final.
- In the event that no entry of sufficient merit is presented, the panel of judges may recommend that no award be made.
- Abstracts must be submitted by **31<sup>st</sup> March 2013** for consideration by the Scientific Committee.

For abstract enquiries please contact [secretariat@aosra2013.org](mailto:secretariat@aosra2013.org).

*Abstracts should be submitted online at **www.aosra2013.org**. Please log-on to our website for full details on abstract submission. The closing date for receipt of abstracts is **31<sup>st</sup> March 2013**.*

### TERMS AND CONDITIONS

The submission of an abstract indicates an understanding of the following rules for participation in the Conference.

- All author(s) agree to submit this work for presentation.
- The author(s) transfer(s) all copyright ownership of the named abstract to the Conference.
- The Author(s) agree(s) to materially confine their presentations to information in the abstract if accepted for presentation; if an author has more than one abstract accepted, each presentation will be materially confined to the information in the abstract selected for the specific session.
- At least one author will be available to present the abstract if selected for the program. The authors will immediately notify the Congress Secretariat if they are unable to present an abstract or if the presenting author is changed.



# Sarawak Attractions

TOUR OPERATOR: CAT CITY HOLIDAYS SDN BHD



## Bako National Park



Get close to nature in Sarawak's oldest national park, the Bako National Park. Commonly spotted Bako inhabitants include the rare Proboscis Monkey, the Silver Langur and the Bearded Pig. The largest reptile here is actually the Monitor Lizard – and not crocodiles!

## Mulu National Park



No visit to Sarawak is complete without visiting the Mulu National Park, a UNESCO World Heritage Site, also a popular site for expeditions, most notably the Royal Geographical Society Expedition of 1977–1978. It encompasses caves and karst formation in a mountainous equatorial rainforest setting. Mount Mulu has it all; the world's largest cave chamber, the Deer Cave that can contain London's St. Paul Cathedral five times over and accommodate 40 Boeing 747s side by side; and the world's most extensive cave system with razor sharp limestone pinnacles, The Pinnacles.

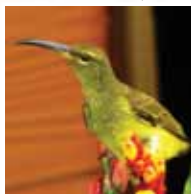


## Gunung Gading National Park



For a possible glimpse of the world's largest flower, the rare Rafflesia, come to Gunung Gading National Park. Have an exciting adventure through the mountains to view beautiful cascading waterfalls and rare foliage.

## Kubah National Park



A must-see for bird-watching enthusiasts. This park is situated on a sandstone plateau, is the home of mammals, birds and many species of reptiles and amphibians. Target to spot some endemic species like the Blue-banded Pitta, Bornean Blue-flycatcher, Yellow-rumped Flowerpecker, Bornean Black Magpie and others. With a bit of luck, you may encounter some other resident birds.

## Semenggoh Orang Utan Rehabilitation Sanctuary



This facility is not a zoo but it is home to some Orang Utans, Hornbills, Honey Bears, Sea Eagles, Storks and Gibbons. The Orang Utans, some of which are taught survival skills and released back to their natural environment, still return for a free meal.

## “The Entire Village Under One Roof” – The Longhouses



Bidayuh, the second largest ethnic group in Sarawak, is formerly known as the 'Land Dayak' and was once also known as the 'Engineer of Bamboo'. Annah Rais is one of the most famous Bidayuh longhouses in Sarawak. This village is well known for its unique architecture and culture of the traditional bamboo longhouse which is home to dozens of families. Grab the opportunity to witness traditional lifestyle of the villagers. Do not miss “Baruk”, the head house, once used as a fort to protect the whole village, and contains real human skulls hanging around the fire place around their sacred war drum.

Visit the Iban community and their longhouses in the Batang Ai area. The Iban longhouses are guarded by the spirit world of hornbills, orang utans and gibbons. Enjoy 'tuak' (rice wine) with the longhouse chief.

## Sarawak River Cruise



A Cruise on this main waterway is a fun way to see the different faces of Kuching. This cruise takes you past a host of fascinating sights. On one bank is the hustle and bustle of a modern city while on the other lies the more relaxed kampungs (Malay Villages). The boat glides past colourful Malay Villages, the elegant City Mosque, the Astana, Fort Margherita and the Kuching Waterfront.

## Kuching City Tour



This is the perfect introduction to Sarawak's historic capital. Join us on a tour of this unique city with her Old World charm. Enjoy the heritage of this Cat Town (Kuching means cat in Malay).

[www.aosra2013.org](http://www.aosra2013.org)



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